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Press Release

HEARTLAND EXPRESS INC. EARNS CARRIER OF THE YEAR AND PLATINUM AWARD FOR ON-TIME SERVICE FROM FEDEX EXPRESS

NORTH LIBERTY, IA. – August 31, 2018 – Heartland Express, Inc. (www.heartlandexpress.com) (Nasdaq: HTLD) is pleased to announce it has received two service awards from FedEx Express for fiscal year 2018 (period June 1, 2017 through May 31, 2018). Heartland Express has been awarded both the FedEx Express "Platinum Award for 99.96% On-Time Service" and "Core Carrier of the Year" award.

Heartland Express has received the distinguished "Carrier of the Year" award for FedEx Express eleven times in the last twelve years and eight years in a row. Heartland Express has reached nearly perfect service levels over the last five years with 2018 at 99.96% on time, on over 18,000 shipments during the year, with 99.97% in 2017, 99.96% in 2016, 99.92% in 2015 and 99.82% in 2014.

FedEx Express is the world's largest express transportation company, providing fast and reliable delivery to points in the U.S. and worldwide. They are known to be among a group of shippers with the most service-sensitive freight in the transportation industry and the standards set by FedEx Express are critical to their performance to their customers. Heartland Express' Service for Success model is complementary to the reputation of FedEx Express for delivery of time-sensitive shipments and Heartland Express is pleased to be a part of that success over the years.

Heartland Express CEO Michael Gerdin had this to say about receiving both awards from one of Heartland's top customers, "We are so proud of both of these awards from Fed Ex Express. Our partnership demands consistent performance at the highest levels for on-time delivery and teamwork from both organizations. Achieving near perfect levels of on-time service on increasing load volumes over the last five years is a testament to this partnership and is made possible through the commitment, hard work, and safety of our professional drivers and our supporting teams. We are extremely proud to be the FedEx Express Core Carrier of the Year for eight consecutive years; this is truly an honor and a great day for our entire organization. Thank you FedEx Express!"

Heartland Express is an irregular route truckload carrier based in North Liberty, Iowa serving customers with shipping lanes throughout the United States. Heartland focuses on medium to short haul regional freight, offering shippers industry leading on-time service so they can achieve their strategic goals for their customers. More information about Heartland Express can be found on the company website at www.heartlandexpress.com.

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